

12/5/2023

Minutes from the Regular Meeting of the School Health Advisory Council (SHAC)

1. CALL TO ORDER

Meeting was called to order by M. James.

Welcome and introductions.

2. PURPOSE

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Texas law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.

SHACs assist the districts in ensuring that local community values are reflected in health education instruction. Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

3. REVIEW MINUTES

A motion to approve the 9/27/2023 SHAC meeting minutes was made by J. Burkhart and seconded by A. Drabek-Guice.

4. REPORTS

a. Smiles in Schools

M. James gave a report on the recent Smiles in Schools dental clinic. Smiles in Schools is part of the Texas Department of State Health Services' Oral Health Program. The initiative offers free dental care which includes oral health education, a limited oral exam, fluoride varnish and dental sealants for students whose parents sign and return a permission form. Two campuses, Madge Griffith and T.W. Ogg Elementaries were approved by the state to participate in the program.

T.W. Ogg Elementary had a total of 134 students receive limited oral exams. Of those, 130 received fluoride varnish. Six students were identified as needing urgent dental care due to decay or abscess. Three of these students have received dental care. The campus nurse is in communication with parents of the other three students' referrals for dental care. The total value of services for T.W. Ogg is \$17,232.00.

Madge Griffith Elementary had a total of 211 students receive limited oral exams. Of those, 205 received fluoride varnish and 22 sealants were provided. Six students were identified as needing urgent dental care due to decay or abscess.

The campus nurse is in communication with parents of these students' referrals for dental care. The total value of services for Madge Griffith is \$28,468.00.

An additional campus will be added to next school year's dental clinic which is set for Feb. 2025.

b. TCHAT/Drug and Alcohol Counseling

TCHAT stands for Texas Child Health Access through Telemedicine, explained A. Jasso. It started as a result of some legislature that came out a couple years ago. The state is broken up into different regions. Our region is in partnership with UTMB who provides our mental health services. They offer counseling and psychiatric services. The school counselor completes a packet and sends it in online through a HIPAA compliant platform.

The recent update is that they have extra equipment. The district already had site locations at Lanier and Brannen Elementaries, and we have been able to add another location at T.W. Ogg Elementary. There is also other equipment for the district to offer another site as well.

Some campuses are not interested in hosting a site because the parent has to be present for the appointment and most parents will opt to do the virtual appointment at home. Site locations are a good option for parents who do not have stable internet access at home.

BISD is in partnership with the Gulf Coast Substance Use Program and has an MOU with them. They have a licensed chemical dependency counselor who has piloted programs at Brazos Success Academy and the Lighthouse Learning Center. Students who are facing a true addiction to a substance are able to get the counseling help they need to overcome that addiction.

The counselor and parent work on a referral packet so that the student becomes a client of Gulf Coast Center and then it is a very quick turn around. They can be seen within a week by one of the licensed chemical dependency counselors.

While TCHAT is a free service, the Gulf Coast Substance Use Program is not. They do accept insurance, medicaid and they also have a sliding scale for those who are cash paying. The Gulf Coast Center is always looking for grants so that financial burden is not a barrier to treatment. The sessions are able to be held on site at BSA and LLC. The parent does not have to be present for these but parental consent is required. Students are already receiving services.

c. SB 629- Opioid Antagonists (Narcan)

M. James reported on SB 629 states that states each school district shall adopt and implement a policy regarding the maintenance, administration, and disposal

of opioid antagonists at each campus in the district that serves students in grades 6 through 12 and may adopt and implement such a policy at each campus including grade levels below grade 6.

Opioid antagonists, such as Narcan, reverse the effects of an opioid overdose. Fentanyl is one powerful synthetic opioid currently being abused. It is 50 times stronger than heroin and 100 times stronger than morphine. Many of the street drugs are laced with a fatal dose of fentanyl.

SB 629 requires training to recognize and treat an opioid overdose. Currently, district protocol allows police officers and nurses to administer Narcan to a suspected individual experiencing an opioid overdose. No harm is done to the individual by receiving Narcan if the individual is not experiencing an overdose. Police officers and nurses have 2 doses of Narcan available for use. A second dose may be administered if symptoms do not improve within 2-3 minutes after administering the first dose.

Standing orders from the Department of State Health Services are in place for those trained to administer Narcan. Protocol states that a person acting in good faith and with reasonable care, administers or does not administer an opioid antagonist to another person whom the person believes is suffering an opioid related drug overdose is not subject to criminal prosecution.

M. James briefly presented the steps in administering Narcan and passed a Narcan Nasal Spray trainer around the room for participants to experience.

- d. Updates from BISD Students- Brazoswood Student Council and PALS
- A Mental Health Mile was held in October at Slade field during Pride Time. Approximately 300 students came. Teachers brought their classes. Flyers were posted throughout campus the day before. It was beneficial to students who needed to take a break. Music was played and stickers and pins were passed out.
 - Anti-bullying week was in October. A slideshow with facts and statistics about bullying was shown at lunches. By doing this we were able to inform the entire student body about anti-bullying. Another activity was Positive Post-it Notes which were easily accessible to students around campus. During passing periods, students could grab whatever positive message they needed to hear. The purpose of this activity was to bring extra positivity to the campus in order to uplift anyone who is dealing with bullying situations or those who are inclined to be bullied. Finally, resources were made available around campus about Licensed Professional Counselors available on campus so that students where and who to go to if they need help. Each classroom posted additional information about the campus LPCs and how students can contact them.

- Mental Health Week took place in October. Positive messages were distributed via clothespins, stickers, temporary tattoos.
- The turkey themed Blood drive took place in November. Once someone donated blood they could decorate a hand turkey which was put up on the wall to show appreciation for donating. The next blood drive will take place in January.

6. ADJOURNMENT- 12:00p.m.